

COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

INDEX

7.1.1 Specific facilities provided for women

Sr. No.	Document	Page Sequence
1.	Facilities provided for women	1-2
2.	Facilities provided for children	3
3.	MOU of College with Security Agency	4-6
4.	Principal office order of Grievance Redressal Committee	7-11
5.	Principal office order of Internal Complaint Committee	12-16
6.	Report of Counseling Program for Girl Student on "Building Healthy Self Esteem"	17-20
7.	7. Report of Judo and Karate Training for Girl Student	
8.	Report of Women Health Checkup Program	25-29
9.	9. Report of Celebration of Birth Anniversary of Savitribai Phule	



Dr. Hemant M. Baradkar Principal Jagadambha College of Engineering & Tachnology, Arni Road, Kinhi, Yavatmal



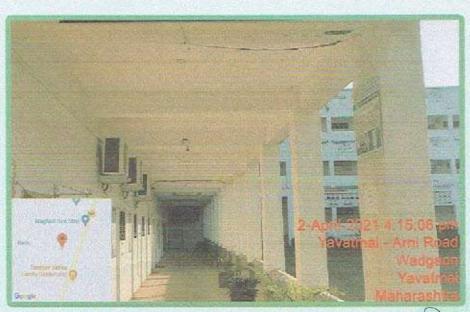
JAGADAMBHA

COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

FACILITIES PROVIDED FOR WOMEN



SECURITY GUARD





CCTV

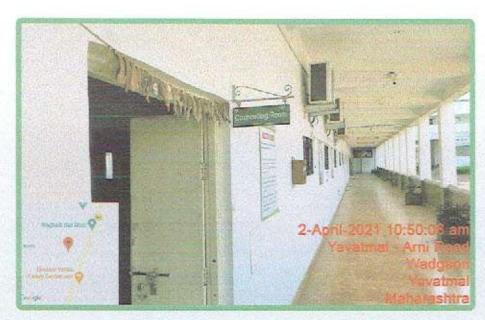
or Hemant M. Baradkar Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal



JAGADAVIBHA COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

FACILITIES PROVIDED FOR WOMEN



COUNCELLING ROOM



GIRLS COMMON ROOM



Bring al

Jagadambha Collega of Enginearing & Technology,Arni Road,Kinhi,Yavatmal



FACILITIES PROVIDED FOR CHILDRENS



ROLLING CROASTER

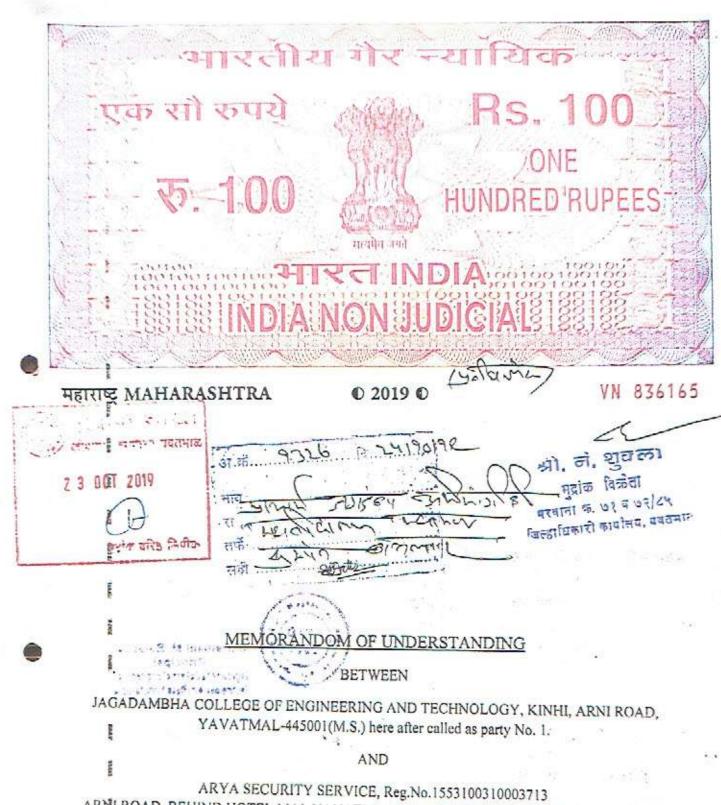


LAWN WITH SPORTS UTILITIES



Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal



ARNI ROAD, BEHIND HOTEL MAI, YAVATMAL-445001(M.S.) here after called as party No. 2.

This agreement made and entered into on the day 01/11/2019 between Party No.1 and Party No.2. Following terms and conditions will be decided between us and will be followed by both of us which will be legally binding on us in case of any dispute.

- The guard provided by Party No.2 will report on duty, 15 minute before the duty time and will take charge
 of his duty from previous guard. Both of them will create the document in writing for handover of charge with
 their comments and will sign in register.
- 2) The guard after completion of his duty time will stay at least 15 minutes to hand over his charge to his reliever and will help to maintain the document in writing for change of charge as mention in point no.1.
- 3) Party No. 2 will provide proper uniform on duty time in college campus.
- 4) The period of contract will be valid for one year from the date of execution.
- 5) The security staff will be responsible for any theft mishap during and after college working hours.
- 6) Salary expenses will be paid by Party No.1 to Party No.2.
- 7) Party No.2 will be responsible for all other allowances and facilities to his staff including PF and incentive if any as applicable as per policy of party No.2.
- 8) Additional security guard services as and when required by party No. 1 should be made available by the agency and expenses for the same will be paid by party No.1.
- Dispute if any will be subject to Yavatmal jurisdiction only.

10) CCTV camera footage will be verified by institution at any time for monitoring the work of security guard provided by party No. 2.

Sign

Aarya Security Service

Proprietor
Arya Security Services
Yavatmal

Witness:

Name

1. Dr. V.L. Bhambere

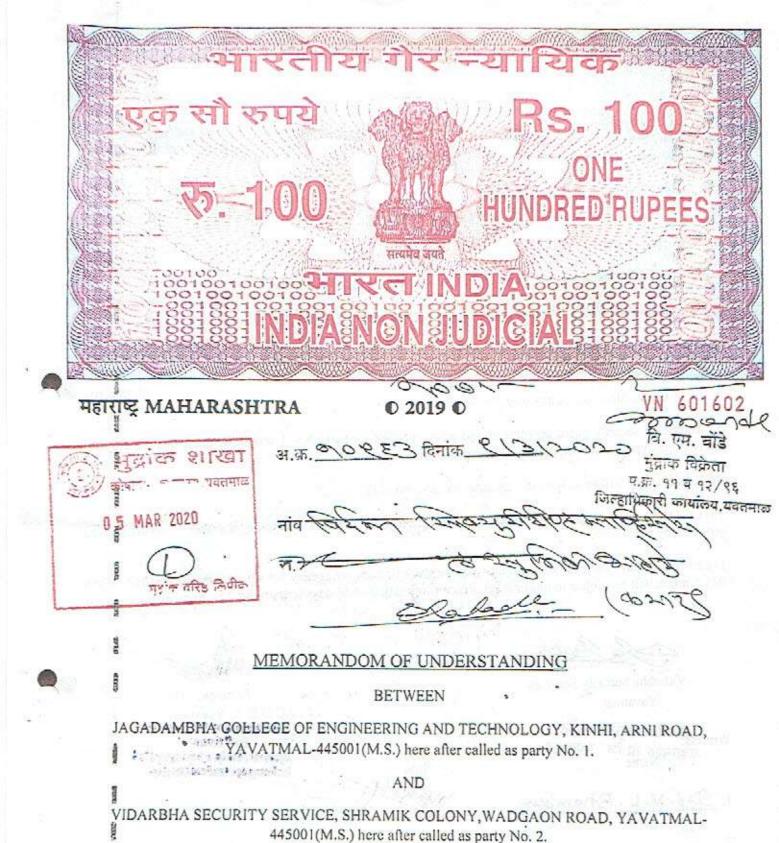
2. Prof. S.R. Raut

ESTD 2009

Principal

I.C.O.E.T., Yayatmal Dr.Hemant M. Baradkar Principal Janadambha College of Engineering 2

Jagadambha College of Engineering & Technology, Ami Read, Kinhi, Yavelmal



This agreement made and entered into on the day 07/02/2020 between Party No.1 and Party No.2. Following terms and conditions will be decided between us and will be followed by both of us which will be

legally binding on us in case of any dispute.



JAGADAMBHA





Approved by A.I.C.T.E. & Government of Maharashtra, Affiliated to S.G.B. Amravati University, Amravati.

Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC, Engg.)

Principal

Dr. Shital A. Watile

Secretary

OFFICE ORDER No.Principal/JCOET/2016-17/ 2 J

Date: 21/6/2016

Circular

Sub: Formation of Grievance Redressal Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Grievance Redressal Committee of our Institute for Session 2016-17 is hereby constituted.

The members of the Committee are as follow.

- 1) Chairperson of Committee
- 2) Member
- 3) Member
- 4) Member
- 5) Member
- 6) Member Secretary & Principal

Dr. A.B. Marathe

Prof. P.S. Pachgade

Prof. J.P. Kaware

Dr. R.D. Raut

Prof. N.S. Koli

Dr. H.M. Baradkar

The work responsibility of committee members is as follows-

- To introduce a reasonable and reliable solution for grievances of various issues received from students/parents.
- To ensure that the grievances are resolved on time impartially and confidentially.
- To develop the self confidence of women.
- To formulate equity action plan in the development activities of the Institution.

Principal

Or.Hemant M. Baradkar Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatma¹

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board.

ARNI ROAD

VAL - 444001 (M.S.) INDIA

Tel. / Fax: 37232291444, Mob.: 9011083260

Wbsite : www.jcoet.org, Email

incipal@icoet.org.principal.jcoet@.gmail.com



JAGADAMBHA





COLLEGE CODE EN- 1127

Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC. Engg.)

Principal

Dr. Shital A. Watile M.Sc., Ph.D.

Secretary

OFFICE ORDER No.Principal/JCOET/2017-18/\8

Date: 20/6/2017

Circular

Sub: Formation of Grievance Redressal Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Grievance Redressal Committee of our Institute for Session 2017-18 is hereby constituted.

The members of the Committee are as follow.

1) Chairperson of Committee

2) Member

3) Member

4) Member

5) Member

6) Member Secretary & Principal

Dr. A.B. Marathe

Prof. P.S. Pachgade

Prof. J.P. Kaware

Dr. R.D. Raut

Prof. N.S. Koli

Dr. H.M. Baradkar

The work responsibility of committee members is as follows-

- To introduce a reasonable and reliable solution for grievances of various issues received from students/parents.
- · To ensure that the grievances are resolved on time impartially and confidentially.
- To develop the self confidence of women.
- To formulate equity action plan in the development activities of the Institution.

Principal

Dr.Hemant M. Baradkar Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatma

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board.

Down Kingson

K. le

WE



ARNI ROAD, YAVATMAL -- 445001 (M.S.) INDIA Tel. / Fax: 07232-291444, Mob.: 9011083260



JAGADAMBHA





Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC. Engg.)

Principal

Dr. Shital A. Watile

M.Sc., Ph.D.

Secretary

OFFICE ORDER No.Principal/JCOET/2018-19/17

Date: 14/6/2018

Circular

Sub: Formation of Grievance Redressal Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Grievance Redressal Committee of our Institute for Session 2018-19 is hereby constituted.

The members of the Committee are as follow.

400	A-14	000	and the same
1)	Chairperson	OI COI	nmittee

- 2) Member
- 3) Member
- 4) Member
- 5) Member
- 6) Member Secretary & Principal

Dr. A.B. Marathe

Prof. P.S. Pachgade

Prof. J.P. Kaware

Dr. R.D. Raut

Prof. N.S. Koli

Dr. H.M. Baradkar

The work responsibility of committee members is as follows-

- To introduce a reasonable and reliable solution for grievances of various issues received from students/parents.
- To ensure that the grievances are resolved on time impartially and confidentially.
- · To develop the self confidence of women.
- To formulate equity action plan in the development activities of the Institution.

Dr. V.L. Bhambere

Coordinator I.Q.A.C.

Principal Or.Hemant M. Baradkar Principal

Jagadambha College of Engineering & "echnology, Arni Road, Klinni, Yavatmal

2009

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board.

Meeg - W32-

ARNI ROAD, YAVATMAL - 445001 (M.S.) INDIA Tel. / Fax: 07232-291444, Mob.: 9011083260



JAGADAMBHA

COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL





Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC, Engg.)

Principal

Dr. Shital A. Watile

M.Sc., Ph.D.

Secretary

OFFICE ORDER No.Principal/JCOET/2019-20/ 1 4

Date: 1/7/2019

Circular

Sub: Formation of Grievance Redressal Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Grievance Redressal Committee of our Institute for Session 2019-20 is hereby constituted.

The members of the Committee are as follow.

- 1) Chairperson of Committee
- 2) Member
- 3) Member
- 4) Member
- 5) Member
- 6) Member Secretary & Principal

Dr. A.B. Marathe

Prof. P.S. Pachgade

Prof. J.P. Kaware

Dr. R.D. Raut

Prof. N.S. Koli

Dr. H.M. Baradkar

The work responsibility of committee members is as follows-

- To introduce a reasonable and reliable solution for grievances of various issues received from students/parents.
- To ensure that the grievances are resolved on time impartially and confidentially.
- · To develop the self confidence of women.
- · To formulate equity action plan in the development activities of the Institution.

Dr. V.L. Bhambere Coordinator I.Q.A.C.

Principal Dr. Hemant M. Baradkar Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi,Yavatmai

2009

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board.

Med- NR

ARNI ROAD, YAVATMAL - 445001 (M.S.) INDIA Tel. / Fax : 07232-291444, Mob. : 9011083260









Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC, Engg.) Principal

Dr. Shital A. Watile M.Sc., Ph.D. Secretary

OFFICE ORDER No.Principal/JCOET/2020-21/12/

Date: 16/8/2020

Circular

Sub: Formation of Grievance Redressa' Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Grievance Redressal Committee of our Institute for Session 2020-21 is hereby constituted.

The members of the Committee are as follow.

1)	Chairperson	of	Committee
.,	Champerson	VI	Committee

- 2) Member
- 3) Member
- 4) Member
- 5) Member
- 6) Member Secretary & Principal

Dr. A.B. Marathe

Prof. P.S. Pachgade

Prof. J.P. Kaware

Dr. R.D. Raut

Prof. N.S. Koli

Dr. H.M. Baradkar

The work responsibility of committee members is as follows-

- To introduce a reasonable and reliable solution for grievances of various issues received from students/parents.
- To ensure that the grievances are resolved on time impartially and confidentially.
- To develop the self confidence of women.
- To formulate equity action plan in the development activities of the Institution.

Dr. V.L. Bhambere Coordinator I.Q.A.C. Dr. Hement M. Baradkar

Sha College of Engineering & Technology, Armi Neva John, Vavatna

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board.









Approved by A.I.C.T.E. & Government of Maharashtra, Affiliated to S.G.B. Amravati University, Amravati.

Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC. Engg.)

Principal

Dr. Shital A. Watile

M.Sc., Ph.D.

Secretary

OFFICE ORDER No.Principal/JCOET/2016-17/ 24

Date: 21/6/2016

Circular

Sub: Formation of Internal Complaints Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Internal Complaint Committee (ICC) of our Institute for session 2016-17 is hereby constituted.

The members of the Committee are as follow.

- 1) Chairperson of Committee
- 2) One Female Teacher
- 3) One Male Teacher
- 4) One Female Nonteaching Employee
- One Male Nonteaching Employee
- Female UG Students
- 7) Male UG Students

Mrs. R.S. Sawant

Ms. N.K. Chaukade

Mr. K.N. Kalaspurkar

Mrs. S.R. Vyas

Mr. Akash Darne

Ms. Apurva Tidke(4th Yr EXTC, Engg.)

Ms. Pallavi Kelo (4th Yr Elect. Engg.)

Mr. Sumit Dikundwar(4th Yr Elect. Engg.)

Mr. Aniket Bansod (4th Yr Mech. Engg.)

8) Dr. Chetan Darane

(NGO Represntative & Counseller)

The work responsibility of committee members is as follows-

- To consider the welfare, woman teaching & nonteaching faculty & girl students.
- To handle the issues related with sexual harassment woman faculty and students.
- To provide information regarding counseling and support services in college campus.
- To take proactive measures towards sensitization of the faculty and student on gender issues.

Principal

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board. Principal Aggadambha College of Engineering &

ur. Hemant M. Baradkar

Technology, Arni Road, Kinhi, Yavatmal

ARNI ROAD

45001 (M.S.) INDIA

Tel. / Fax : Mob.: 9011083260 Wbsite: www.jcoet.org, Email % or coet.org,principal.jcoet@.gmail.com





Approved by A.I.C.T.E. & Government of Maharashtra, Affiliated to S.G.B. Amravati University, Amravati.



Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC. Engg.) Principal

Dr. Shital A. Watile M.Sc., Ph.D.

Secretary

OFFICE ORDER No.Principal/JCOET/2017-18/19

Date: 20/6/2017

Circular

Sub: Formation of Internal Complaints Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Internal Complaint Committee (ICC) of our Institute for session 2017-18 is hereby constituted.

The members of the Committee are as follow.

- 1) Chairperson of Committee
- One Female Teacher
- 3) One Male Teacher
- 4) One Female Nonteaching Employee
- 5) One Male Nonteaching Employee
- 6) Female UG Students
- 7) Male UG Students

Mrs. R.S. Sawant

Ms. N.K. Chaukade

Mr. K.N. Kalaspurkar

Mrs. S.R. Vvas

Mr. Akash Darne

Ms. Neha Kale(4th Yr Elect, Engg.)

Ms. Sapana Kamble (4th Yr Comp. Engg.)

Mr. Hemant Meghrajani (4th Yr EXTC Engg.)

Mr. Sagar Jadhao (4th Yr Civil Engg.)

8) Dr. Chetan Darane

(NGO Represntative & Counseller)

The work responsibility of committee members is as follows-

- To consider the welfare, woman teaching & nonteaching faculty & girl students.
- To handle the issues related with sexual harassment woman faculty and students.
- To provide information regarding counseling and support services in college campus.

To take proactive measures towards sensitization of the faculty and student on gender issues.

Head of all Departments, All ICC Committee members, Admin Office, Notice Board. Principal

lagadambha College of Engineering & echnology, Arni Road, Kinhi, Yavatmal

5001 (M.S.) INDIA

2-291444, Mob.: 9011083260 Tel. / Fax: Whate: www.icoet.org, Email: principal@jcoet.org.principal.jcoet@.gmail.com





COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Approved by A.I.C.T.E. & Government of Maharashtra, Affiliated to S.G.B. Amravati University, Amravati.

Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC, Engg.)

Principal

Dr. Shital A. Watile

M.Sc., Ph.D.

Secretary

OFFICE ORDER No.Principal/JCOET/2018-19/ 19

Date: 14/6/2018

Circular

Sub: Formation of Internal Complaints Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Internal Complaint Committee (ICC) of our Institute for session 2018-19 is hereby constituted.

The members of the Committee are as follow.

- 1) Chairperson of Committee
- 2) One Female Teacher
- 3) One Male Teacher
- 4) One Female Nonteaching Employee
- 5) One Male Nonteaching Employee
- 6) Female UG Students
- 7) Male UG Students

8) Dr. Chetan Darane

Mrs. R.S. Sawant

Ms. N.K. Chaukade

Mr. K.N. Kalaspurkar

Mrs. S.R. Vyas

Mr. Akash Darne

Ms. Mrunali Meshram(4th Yr Elect. Engg.)

Ms. Rohini Chatke (4th Yr Comp. Engg.)

Mr. Nayan Naidu (4th Yr Elect. Engg.)

Mr. Akash Chavhan (4th Yr Mech. Engg.)

(NGO Represntative & Counseller)

The work responsibility of committee members is as follows-

- To consider the welfare, woman teaching & nonteaching faculty & girl students.
- To handle the issues related with sexual harassment woman faculty and students.
- To provide information regarding counseling and support services in college campus.
- To take proactive measures towards sensitization of the faculty and student on gender issues.

Dr. V.L. Bhambere

Coordinator I.Q.A.C.

Principal

Jagadambha College of Engineering &

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board, Anni Road, Klinhi, Yavatmal

ARNI ROAD, YAVATMAL - 445001 (M.S.) INDIA

Tel. / Fax: 07232-291444, Mob.: 9011083260



JAGADAMBHA



COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Approved by A.I.C.T.E. & Government of Maharashtra, Affiliated to S.G.B. Amravati University, Amravati.

Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC, Engg.)

Principal

Dr. Shital A. Watile

M.Sc., Ph.D.

Secretary

OFFICE ORDER No.Principal/JCOET/2019-20/ 20

Date: 1/7/2019

Circular

Sub: Formation of Internal Complaints Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, Internal Complaint Committee (ICC) of our Institute for session 2019-20 is hereby constituted.

The members of the Committee are as follow.

- 1) Chairperson of Committee
- 2) One Female Teacher
- 3) One Male Teacher
- 4) One Female Nonteaching Employee
- 5) One Male Nonteaching Employee
- Female UG Students
- 7) Male UG Students

- Mrs. R.S. Sawant
- Ms. N.K. Chaukade
- Mr. K.N. Kalaspurkar
- Mrs. S.R. Vyas
- Mr. Akash Darne
- Ms. Mayuri Kohar (4th Yr Elect. Engg.)
- Ms. Shrushti Dongre (4th Yr Civil Engg.)
- Mr. Chetan Yelekar (4th Yr Mech. Engg.)
- Mr. Dhiraj Deshmukh (4th Yr Civil Engg.)

8) Dr. Chetan Darane

(NGO Represntative & Counseller)

The work responsibility of committee members is as follows-

- To consider the welfare, woman teaching & nonteaching faculty & girl students.
- To handle the issues related with sexual harassment woman faculty and students.
- · To provide information regarding counseling and support services in college campus.
- To take proactive measures towards sensitization of the faculty and student on gender issues.

Dr. V.L. Bhambere

Coordinator I.Q.A.C.

Dr.Hemant M. Baradkar Parancipal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal

EST.

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board.

Civil -

Mech. WS

ARNI ROAD, YAVATMAL - 445001 (M.S.) INDIA

Tel. / Fax: 07232-291444, Mob.: 9011083260



JAGADAMBHA



Approved by A.I.C.T.E. & Government of Maharashtra, Affiliated to S.G.B. Amravati University, Amravati.



Dr. Hemant M. Baradkar

M.Tech. (Electronics), Ph.D. (E & TC. Engg.)

Principal

Dr. Shital A. Watile

Secretary

OFFICE ORDER No.Principal/JCOET/2020-21/12-2-

Date: 16/8/2020

Circular

Sub: Formation of Internal Complaints Committee.

As per guide lines of Maharashtra Government and Sant Gadge Baba Amravati University, Amravati, ternal Complaint Committee (ICC) of our Institute for session 2020-21 is hereby constituted.

The members of the Committee are as follow.

- 1) Chairperson of Committee
- 2) One Female Teacher
- 3) One Male Teacher
- 4) One Female Nonteaching Employee
- 5) One Male Nonteaching Employee
- 6) Female UG Students
- 7) Male UG Students

Mrs. R.S. Sawant

Ms. N.K. Chaukade

Mr. K.N. Kalaspurkar

Mrs. S.R. Vyas

Mr. Akash Darne

Ms. Ritika Singh (4th Yr Elect. Engg.)

Ms. Kalyani Jat (4th Yr Comp. Engg.)

Mr. Yash Mirase (4th Yr Elect, Engg.)

Mr. Kaustubh Ingole (4th Yr Civil Engg.)

8) Dr. Chetan Darane

(NGO Represntative & Counseller)

he work responsibility of committee members is as follows-

- To consider the welfare, woman teaching & nonteaching faculty & girl students.
- · To handle the issues related with sexual harassment woman faculty and students.
- · To provide information regarding counseling and support services in college campus.
- To take proactive measures towards sensitization of the faculty and student on gender issues.

Dr. V.L. Bhambere

Coordinator I.Q.A.C.

Copy to:

Head of all Departments, All ICC Committee members, Admin Office, Notice Board.

Principal

Or. Hement M. Baradkar

Principal

Principal

Jennya C. St. of Engineering

Record

Propries

ESTD 2009

ARNI ROAD, YAVATMAL - 445001 (M.S.) INDIA Tel. / Fax: 07232-291444, Mob.: 9011083260



A Report on



Counseling Program for Girl Student on "Building Healthy Self Esteem"



INTERNATIONALLY ACCREDITED COLLEGE

JAGADAMBHA

COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Arni Road, Yavatmal - 445001 (M.S.)

Ph. 07232-244226, Fax: 07232-244226, Cell: 98 5005 3333

E-mail: principal.jcoet@gmail.com, principal@jcoet.org





Ur. Memant M. Baradka Principal Jagadambha Collega of Engineering & Technology,Arni Road,Kinhi,Yavatmal

1.Title of Activity	Counseling Program for Girl Student on "Building Healthy Self Esteem"
2. Webinar Expert	Ramyya Kannan, Freelance Trainer and Counselor
3. Date of Activity	20/09/2020
4. Time	12:00 pm
5. Objective	Boosting the positive attitude among the girl students. How to help environment to avoid the Global Warming.
6. Event Mode	Online Mode on Google Meet
7. No. of Beneficiary	Second, Third and Final Year students -67

Counseling Report

Low self-esteem can negatively affect virtually every facet of your life, including relationships, carrier, job and health. But it can be boosted your self-esteem by taking cues from types of mental health counseling with this consideration. Jagadambha College of Engineering & Technology has organized the Counseling Program. "Building Healthy Self Esteem" for Girl students of Second, Third and Final Year on date 20/09/2020 at 2:00 pm. This webinar was conducted by Ramyya Kannan, Freelance Trainer and Counsellor through online mode on Google Meet Application. This session was attended by 67 students from Second, Third and Final Year students.

Ramyya Kannan who is Expert and professional counselor interacted with the students.

As the low self-esteem can negatively affect virtually every facet of student life to improve self esteem Ramyya Kannan Madam has focused on the following

Identify troubling conditions or situations, Become aware of thoughts and beliefs Also Use hopeful statements. Treat yourself with kindness and encouragement. Instead of thinking your presentation won't go well, try telling yourself things such as, "Even though it's tough, I can handle this situation."

Forgive yourself. Everyone makes mistakes -and mistakes aren't permanent reflections on you as a person. They're isolated moments in time. Tell yourself. "I-made a mistake, but that doesn't

Ur. Hemant M. Baradkai Principal Jagadambha Collega of Enginearing & Technology, Arni Road, Kinhi, Yavatmal make me a bad person." Avoid 'should' and 'must' statements. If you find that your thoughts are full of these words, you might be putting unreasonable demands on yourself — or on others. Removing these words from your thoughts can lead to more realistic expectations. Madam has given more importance on to Focus on the positive. Think about the parts of your life that work well. Consider the skills you've used to cope with challenging situations. Consider what you've learned. If it was a negative experience, what might you do differently the next time to create a more positive outcome? Avoid reliable upsetting thoughts. You don't need to react negatively to negative thoughts. Instead, think of negative thoughts as signals to try new, healthy patterns. Ask yourself, "What can I think and do to make this less stressful?" Madam has encouraged yourself. Give yourself credit for making positive changes. For example, "My presentation might not have been perfect, but my colleagues asked questions and remained engaged — which means that I accomplished my goal."

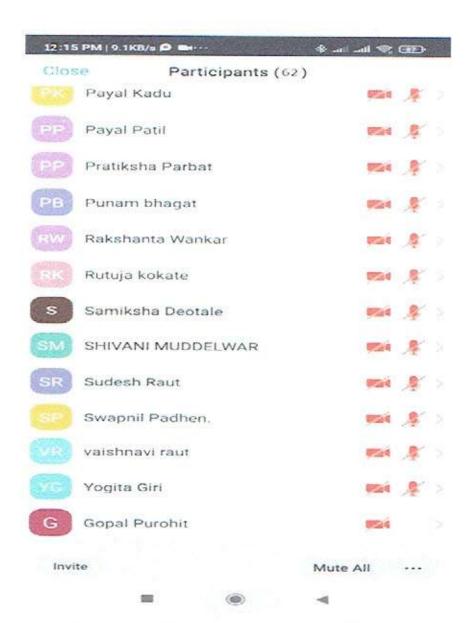
Considering the all above points Madam has interacted with all the girl students. This session was very useful and knowledgeable for the students..



Screenshot 1: The Expert Ms. Ramyya Kannan online during the counseling

ESTD 2089

Dr. Memant M. Baradkai Principal Jagadambha College of Engineering & Technology,Arni Road,Kinhi,Yavatmal



Screenshot 2: The students online during the Session



Principal
Jagadambha Collage of Engineering &
Technology Arni Road, Kinhi, Yavatmai





Judo and Karate Training for Girl Students



JAGADAMBHA

COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Arni Road, Yavatmal - 445001 (M.S.)

Ph. 07232-244226, Fax: 07232-244226, Cell: 98 5005 3333

E-mail: principal.jcoet@gmail.com, principal@jcoet.org





Dr. Hemant M. Baradkaı Principal

Jagadambha Collega of Engineering & Technology, Arni Road, Kinhi, Yavatmal

Report on Judo and Karate Training for Girl Students

1. Title of Activity	Judo and Karate Training for Girl Students
2. Chief Guest	Miss. Manorama Dongale Madam
3. Date of Activity	24/02/2020
4. Time	11.00 am to 05.00 pm
5. Objective	It helps to develop mental and physical health of students.
6. Venue	Basketball Court, JCOET, Yavatmal
7. No. of Beneficiary	96 Students

NSS Unit of Jagadambha College of Engineering And Technology Yavatmal organized a Judo and Karate Training for Girl Students on Dated 24 February 2020. The main motto behind this training session was to prepare female students for unexpected situations and also to develop increased mental and physical health. Around 96 participants from various departments had participated in this program.

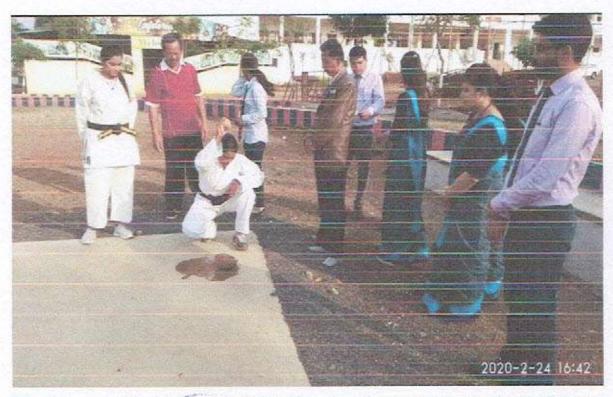
Life is a gift. It's also unpredictable. Self-defense helps to prepare the girls students for unexpected situations and also helps to develop mental and physical health. It may be hard to imagine being attacked by a stranger, but it happens every day. These attacks occur without warning, and when individuals least expect it. These attacks are all the more common. While this is a scary fact, it is something the average Indian should take seriously. By learning the basics of self-defense skills girls students prepare herself for dangerous and unforeseen circumstances. in addition to various other benefits such as discipline, respect, self-control, improving coordination, balance, speed, strengths, flexibility as well as overall health, wellness, and a positive way of life. The entire program was based on, to create awareness about grievances, self-defense. Such type of program surely built confidence in girls students. The program was well structured and conducted in live and interactive session. The program was coordinated by Prof. Pravin Wankhede NSS Coordinator Jagdambha College of Engineering & Technology, Yavatmal. under the guidance of Honorable Dr. Shital Watile sir, Secretary Jagdambha College of Engineering & Technology, Yavatmal.

Dr.Hemant M. Baradkai Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal



Miss. Manorama Dongale Madam with Honorable Dr. Shital Watile Sir Secretary JCOET Yavatmal



Miss. Manorama Dongale Madam with Staff Members & Students Inaugurating the Program

ur.Hemant M. Baradkai

Principal
Jagadambha College of Engineering &
Technology, Arni Road, Kinhi, Yavatmal



Miss. Manorama Dongale Madam & Honorable Dr. Shital Watile sir guiding the students about self-defense program



Miss. Manorama Dongale Madam providing the training to students



Dr. Hernant IVI. Baradkar Principal Jagadambha College of Engineering & Technology, Ami Road, Kinhi, Yavatmal

A Report on

WOMEN HEALTH CHECK UP PROGRAM



JAGADAMBHA

COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Arni Road, Yavatmal - 445001 (M.S.)

Ph. 07232-244226, Fax: 07232-244226, Cell: 98 5005 3333

E-mail: principal.jcoet@gmail.com, principal@jcoet.org

Website: www.jcoet.org





Dr. Hemant M. Baradkai Principal

Jagadambha College of Engineering & Technology,Arni Road,Kinhi,Yavatmal

"WOMEN HEALTH CHECK UP CAMP" by Dr.Kavita S.Borkar at JagadambCollegeof Engineering& Technology, Yavatmal.

1. Title of Activity	Women Health Check Up Program	
2. Chief Guest	Dr.Kavita S.Borkar	
3. Date of Activity	17 th September 2018	
4. Time	2.00 to 6.00 pm	
5. Objective	Awareness aboutWomen health and guidance.	
6. Venue	Medical Room	
7. No. of Beneficiary	15	

Jagadambha College Of Engineering and Technology ,Yavatmal had organized the Medical health check up programme, for ladies teaching staff and non teaching staff. Women's health has become an urgent priority.



Sed Engineering & Total Bank State of S

Dr. Hemant M. Baradkai Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal

Programme Detail:-

Jagadambha College Of Engineering and Technology ,Yavatmal had organized the Medical health checkup programme, for ladies staff of teaching and non teaching.

The Role of counsellor is to offer health guidance to the staff with wide range of concerns-personal, emotional problems, through Counseling emphasis awareness and prevention along with early identification and solution of health issues. Counselling also help staff to alleviate distress, overcome weakness.

Medical counseling of lady staff is done every year in Jagadambha College of Engineering and Technology, Yavatmal. Dr.Kavita S.Borkar is appointed as Medical Counseller. The lady staff having health problem, family problem, mental stress problems meet with Doctor and get the guidance.

Annual Health Check-Ups Every Woman Should Undergo



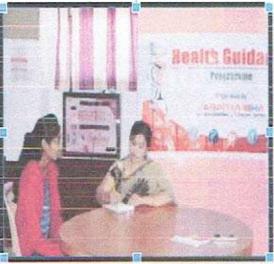
Dr.Kavita Borkar Shares The Importance OF These Periodic Health Check-Ups:

Dr.Kavita Borkar says when you reach the age of 30 and above 30, make a resolution to schedule a health check-up once a year. It is essential to catch anything that might have

Dr. Hernant M. Baradkai Principal Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal gone away at an early stage, and a check-up will help. Screening on a regular basis may even save your life. People used to only see their doctors when they were sick or terminally ill.

Dr.Borkar says the main goal of prevention and health promotion is to reduce the burden of suffering from major preventable diseases. Clinical history/physical examination and diagnostic tests are part of the check-up. "The types of tests a woman needs depend on her age personal and family health history and specific risk factors," says Dr Borkar. She feels certain tests are recommended for every woman while others are individualised depending on additional risk factors. "Common tests are mammograms for breast cancer. Eye screening, dental check-up, and colorectal cancer screening are also included," she says. Dr. Borkar discussed various issues with lady staff.





Dr.advised them various medicines and concultation during program

Here are the 10 essential screening tests every woman should undergo in their yearly health check-up. The following Contents of the medical counselling programme.

1. Blood pressure screening

- Obesity attributes to an increased risk of hypertension
- BP of 120/80 mmHg or below is normal

2. Cholesterol check

- This tool is used to assess your risk of developing heart disease/ stroke

3. Pap Smear

 Your doctor uses a speculum to widen the vaginal canal, takes a smear from the cervix using a brush, and examines the smear for changes that may lead to cervical cancer

- HPV screening is also done

Dr. Hemant M. Baradkaı Principal

Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal

4. Mammogram

- Screens for breast cancer is included in women's annual check for above 45 years
- Especially if you have a family history of breast cancer / uterine cancer
- It is essential to talk to your doctor about starting annual screening earlier

5. Bone density screening

- Women should start getting screened for osteoporosis with Bone Density Test especially in postmenopausal women to prevent bone fractures at old age

6. Blood glucose test

- Helps in picking in the prediabetic state itself

7. Dental check-up

- To catch any decay and other issues

8. Ultrasound of the pelvis

- To look at the condition of uterus, tubes, and ovaries
- In a pre-menopause/menopausal women, ultrasound of the pelvis or a simple scan of the uterus and adjacent structures can pick up fibroid/endometrial polyps/cancers/ ovarian cysts/masses at an early stage.

Camp was successfully organised under the guidance of coordination with ICC.Internal Complaint Committee.Program was coordinated by Prof.N.K.Chaukade faculty member of first year department.

EST 2009

r. Hernant M. Baradkar Principal lagadambha College of Engineering & technology, Arni Road, Kinhi, Yavatma



Report on



Celebration of Savitribai Fule Birth Anniversary



COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Arni Road, Yavatmai - 445001 (M.S.)

Ph. 07232-244226, Fax: 07232-244226, Cell: 98 5005 3333

E-mail: principal.jcoet@gmail.com, principal@jcoet.org





Principal
Jagadambha Collega of Engineering &
Technology, Arni Road, Kinhi, Yavatmal

Report on- Celebration of Savitribai Phule Birth Anniversary

1. Title of Activity	Celebration of Savitribai Phule Birth Anniversary
2. Date of Activity	03/01/2020
3. Time	05.00 pm
4. Objective	To recognize the achievements and significant contributions of India's first female teacher.
5. Venue	Civil Seminar Hall JCOET Yavatmal
6. No. of Beneficiary	63 Female and 48 Male

NSS Unit of Jagadambha College of Engineering And Technology Yavatmal organized a Birth Anniversary Celebration Program of Savitribai Phule on Dated 03 January 2020. Dr. H. M. Baradkar, Principal Jagdambha College of Engineering & Technology, Yavatmal, expressed his views about Savitribai Phule. He said "Savitribai Phule was the first women, who stand alone for the girl's education, took lots of efforts to make women educated and make available first girl's school in Pune and in thememory of such Honorable women this day is celebrated". Many Students also gave speeches on "Contribution of Savitribai Phule". Through this program students came to know about Savitibai Phule's early life and what she contributed for the society as well as for women's empowerment. Savitribai Phule and her husband Jyotirao Phule had opened India's first school for women in Pune in 1848. Jyotirao Phule was an advocate of female education and helped his wife -- who married him when she was 9 years old -- attain good education against all odds. Savitribai not only became the first female teacher in India but went on to set up 17 more schools. She was actively involved with the lives of the students and regularly conducted meetings with parents to emphasize the importance of education for girls. "Tribute to Savitribai Phule on her birth anniversary, who devoted her life against untouchability, illiteracy, and for the rights of women".

The program was coordinated by Prof. Pravin Wankhede NSS Coordinator Jagdambha College of Engineering & Technology, Yavatmal. under the guidance of Honorable Dr. Shital Watile sir, Secretary Jagdambha College of Engineering & Technology, Yavatmal.

> Dr. Hemant M. Baradkai Principal

Jagadambha Collega of Enginearing & Technology,Arni Road,Kinhi,Yavatmal



Photo 01:- Celebration of Savitribai Fule Birth Anniversary

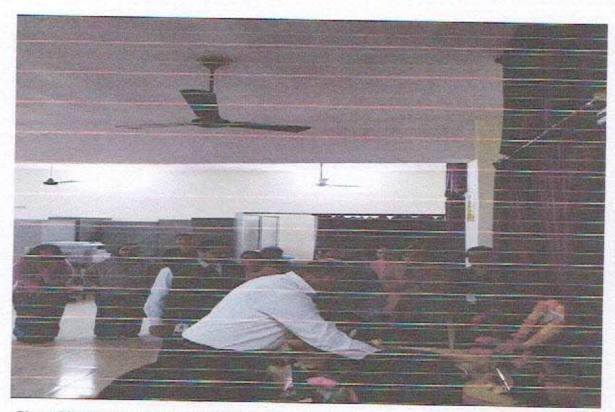


Photo 02:- Honorable Dr. Shital Watile sir and Stall members of JCOET Lighting the lamps



ur.Hemant M. Baradkai

Principal Jagadambha College of Engineering & Technology,Arni Road,Kinhi,Yavatmal



Photo 03:- Prof. P. H. Kadam enlighten the savitribai phule Photo



Photo 04:- Ladiese Staff Members of JCOET Yavatmal



Or. Hemant M. Baradka: Principal Jagadambha College of Engineering & Technology, Arni Road, Kinhi, Yavatmal